



national day of healing from racism

2025 Theme:

Reclaiming Humanity through Co-Liberation and Solidarity

Tuesday, Jan. 21

Detroit | Wayne State University





agenda

Time	Event	Location
10:45 A.M.	Registration Table Open	Student Center Ballroom
11 A.M.	Doors Open <ul style="list-style-type: none"> Coffee, tea, and water available 	Student Center Ballroom
11:05 A.M.	Welcome, Land Acknowledgement, and Grounding <ul style="list-style-type: none"> The Five Pillars of Humanity Facilitators: Dr. Stephanie Hawkes (she/her) Senior Director, Office of Multicultural Student Engagement & Rhiannon Chester-Bey, Fellowship Program Manager, Detroit Equity Action Lab	
11:15 -11:45 A.M.	Sound Bath Meditation Facilitator: Jauwana Sims Solar Expression	
11:45 A.M. - Noon	Transition to Lunch	
Noon – 12:50 P.M.	Lunch and Keynote Keynote: Harry Weaver III Oakland County Chief Diversity, Equity & Inclusion Officer	
12:50 -1 P.M.	Transition to Breakout Sessions	
1- 2 P.M.	Lunch Time—Choose 1 <i>Self Selected Breakout Rooms</i> - Session 1: Bystander Intervention for Racial Healing Location: Hilberry A Facilitated by: Alex Boesch (he/him) Director, Educational & Strategic Initiatives, Office of Inclusive Excellence Brief Description: Have you ever witnessed a behavior that you felt was exclusionary, but you did not know how to address it? If so, you may value attending this session on how to intervene as a bystander. This session will overview various bystander intervention strategies and invite attendees to practice utilizing a strategy to develop comfortability with a personalized approach. Session 2: Art Therapy: Tissue Healing Collage Location: Hilberry B Facilitated by: Veronique Eason, M.A. (she/her) Brief Description: The art therapist will ask group members to choose a "theme" for their healing collage. They can either create their theme or use the theme prompts available. Once a theme is selected, members will be encouraged to use the provided supplies to create a collage that can act as a personal road map, vision board, or guide on their healing journey. Goal: This activity identifies needs and explores ways to seek support, heal, and improve overall well-being and functionality.	Various Locations

	<p>Voice for Liberation Panel: Race, Resilience, and Revolts Location: Hilberry C Moderated by: Bayan Founas, Student Engagement Program Coordinator, Office of Multicultural Student Engagement Description: A panel of faculty, staff, and students will discuss the racialization of young activists on college campuses, the psychological impact of organizing, and how young people today can be resilient in the face of adversity.</p> <p>Panelists:</p> <ul style="list-style-type: none"> • Navid Farnia: Assistant Professor, African American Studies, College of Liberal Arts and Sciences • Dima Awad: Doctoral student, Graduate Research Assistant, Pharmaceutical Science, Eugene Applebaum College of Pharmacy and Health Sciences • Ayanna Adams: Undergraduate student, Psychology, College of Liberal Arts and Sciences • Brandon Shamoun: Assistant Dean of Students, Dean of Student's Office • Loubna Alkhayat: Assistant Professor of Counselor Education, Theoretical & Behavior Foundations, College of Education 	
2 - 2:15 P.M.	Break	
2:15-3:30 P.M.	<p>Fishbowl Dialogue Facilitated by: Dr. Alex Boesch (he/him) Educational and Strategic Initiatives Director, Office of Inclusive Excellence & Dr. Stephanie Hawkes (she/her) Senior Director, Office of Multicultural Student Engagement Description: The fishbowl seeks to be a part of our collective healing from racism, and we are centering the importance of acknowledging our shared challenges and supporting one another as we work together to build a collective journey toward freedom, justice, and the restoration of our inherent dignity.</p>	Student Center Ballroom
3:30-3:45 P.M.	Break	
3:45– 4:45 P.M.	<p>Yarënda' Nde Yahchrondiak Performance Facilitated by: Yarënda' Nde Yahchrondiak Description: In this hour-long session, multidisplinary artist, Yarënda' Nde Yahchrondiak, weaves together the beauty of storytelling, music and song, and healing circles to explore the context of healing from racism. Yarënda' will guide us through discussion around healing from historical trauma and racism while honoring the Native and Indigenous ancestry. Yarënda' Nde Yahchrondiak will perform the Wendat/Wyandotte Healing song, a Wendat Traditional Story and the Spirit Bear Anishinaabe song honoring her own tribe and that of the land on which we stand. This session will also conclude with Prayer with cedar which is a traditional sacred herb.</p>	Student Center Ballroom

	A Wendat Traditional Story and the Spirit Bear Anishinaabe song honoring her own tribe and that of the land on which we stand. This session will also conclude with Prayer with cedar which is a traditional sacred herb.	
4:45-5 P.M.	Closing Remarks, Survey, and 2026 Save the Date	Student Center Ballroom

assessment

Please take a moment to complete our [assessment](#). Your feedback will be used to help us improve our event for next year.




stay connected



wi-fi

WSU-PUBLIC is a Wi-Fi network designed for Wayne State University guests and visitors. WSU-PUBLIC is available anywhere Wi-Fi is available on WSU campus and does not require login credentials to access.



relaxation room

If you want to take a moment to yourself for meditation, movement, and/or play, feel free to go to the relaxation room in 285 of the Student Center.



join the conversation on twitter/x!

Use [#HowWeHeal](#) + tag [@Detroit_Equity](#)

land acknowledgement

Wayne State University rests on Waawiyataanong, also referred to as Detroit, the ancestral and contemporary homeland of the Three Fires Confederacy. These sovereign lands were granted by the Ojibwe, Odawa, Potawatomi, and Wyandot nations, in 1807, through the Treaty of Detroit. Wayne State University affirms Indigenous sovereignty and honors all tribes with a connection to Detroit. With our Native neighbors, WSU can advance educational equity and promote a better future for the earth and all people.

recordings

This event **will NOT** be recorded to allow for open and honest dialogue. We ask that you please do not use any recording devices during the sessions.

lactation support rooms

Wayne State University recognizes the importance of supporting individuals who are nursing by providing space for faculty, staff, students, and WSU guests to breastfeed and/or express milk. Private and clean areas with outlets have been designated on campus as "Lactation Support Rooms".

Should you need this resource, room 344 of the Student Center has been dedicated as a "Lactation Support Room." Door is lockable from the inside and the room is equipped with a chair, side table, sink, and changing table.

meditation/reflection rooms

Wayne State University recognizes the importance of supporting individuals who need space to reflect, meditate, or pray and focus on mindfulness during their time on campus. Should you be in need of this space, a reflection room is located on the 3rd floor of the Student Center in room 350.



WSU emotional support resources

services for students

Counseling and Psychological Services (CAPS)

5221 Gullen Mall, Room 552 Student Center Building, Detroit, Michigan 48202

Phone: (313) 577-3398 | After Hours: 313-577-9982

Counseling and Psychological Services (CAPS) provides free and confidential mental health assessment, counseling, case management, and referrals to currently registered Wayne State students, along with consultation and outreach to the Wayne State University community. CAPS also offers *telemental health* services to currently registered WSU students using the Microsoft Teams app. *To work remotely with a CAPS counselor, just download the Teams app to a computer and/or smartphone and then call (313) 577-3398.* They are available Monday through Friday from 8:30 am to 4:00 pm to provide you with an Initial Consultation.

<https://caps.wayne.edu/>

Wayne State Psychology Clinic

60 Farnsworth, Detroit, MI 48202

313-577-2840

Provides outpatient adult psychological services. Staffed by psychologists and psychology trainees.

<http://www.clas.wayne.edu/psychclinic/>

College of Education Counseling & Testing Center

College of Education Building, Room 306

313-577-1681

Provides outpatient counseling for children and adults. Staffed by master's-level counseling students.

<https://education.wayne.edu/counseling-clinic>

Campus Health Center

5285 Anthony Wayne Drive, Suite 115

Detroit, MI 48202

313-577-5041

Fax: 313-577-9581

<https://health.wayne.edu/>

services for faculty and staff

Ulliance Employee Assistance Program

Benefits-eligible employees have free, confidential access to Ulliance's Employee Assistance Program (EAP), 24 hours a day, 365 days a year, by simply calling 1-800-448-8326. To access the EAP online, go to lifeadvisoreap.com/memberlogin.aspx.

free or low-cost mental health community care

Community Health Centers:

Many community health centers offer mental health care services. Community health centers care for you even if you have no health insurance. You pay what you can afford based on your income. [Find a community health center near you. Find more information on community health centers here.](#)

Free Clinics:

Some free clinics offer free mental health care. Free clinics use volunteer health care providers to give free or low-cost care to people without insurance. [Find more information on free clinics here.](#)



notes



national day of healing from racism

Save the Date: Jan. 20, 2026

Thank you for participating in this year's National Day of Healing from Racism. We hope to see you again next year!